

Expert Assessments Key Stage 3 Food

Year 7

Expert Assessment - Exploring Nutrients

1. Short answers- Nutrition Diet and Health
2. Short answers and extended response- Food Science
3. Short answers- Food safety and hygiene

Year 8

Expert Assessment - Nutrition and deficiency

Short answers- Nutrition Diet and Health

Short answers- Food commodities

Short answers/ extended response- Food science

Short answer- Design a meal related to a deficiency

Year 9

Expert Assessment- Nutrition through investigation

1. Short answers- Nutrition and Health
2. Short answer- Design a meal for an athlete with a illness
3. Short answer- Functions of ingredients